The Common Approach

Conversations with young people and families that get you to the heart of the matter sooner

What is The Common Approach?

The Common Approach, developed in and for the Australian context by ARACY, is a research-based, prevention-focused, flexible way of working to help you have quality conversations with young people and their families about all aspects of their wellbeing.

Already used by education, health, community, social service and government agencies across Australia, the Common Approach has been shown to:

- increase ability to make earlier identification of the needs and strengths of children and families
- help practitioners and families more quickly identify a fuller range of useful services and empowering next steps
- increase awareness of working in a preventative and child-centred way
- improve relationships between families and services in ways that benefit children.

Who is The Common Approach for?

The Common Approach is useful to anyone who interacts with children, young people, and their families, and those who manage staff or policy work in this setting. This includes educators, health and medical staff, child protection staff, researchers, and policymakers.

How do I start using The Common Approach in my work?

Training is required to adopt the Common Approach and to be able to use the full range of resources in your daily work.

There is also a Trainer Program available for those who would like to train others in how to use the Common Approach.

Please contact us at commonapproach@aracy.org.au or call on 02 6248 2400.