

# **Young and Wise Roundtables 2026**

## **Easy Read Guide**



## About ARACY

ARACY **helps children and young people** in Australia.

We want them to be **safe, healthy and happy**.

We use **research** to show what works.

We **listen** to children and young people.

We use **The Nest**, a framework, to guide wellbeing.

We **help people make better choices** for children.

# About Young and Wise?



Young and Wise is an **online group for young people**. It is run by ARACY..

It helps young people **share their experiences**.

These experiences **help adults make better decisions** about young people.

Young people are **paid** for their time.

Young and Wise is about working with young people — **not** just talking about them.



Young people for the first Roundtable

The Roundtables are held online on a Teams call.

They focus on young people's **wellbeing**.

Wellbeing means what young people need to:

- feel good
- feel safe
- feel strong
- feel healthy
- feel supported

## What happens in each roundtable:

- Young people talk about what helps them feel good every day
- Young people talk about what makes life hard
- Young people share ideas for change



Adults listen and learn from what young people say.

You can apply if you:



- Are **8 to 24** years old



- Live in **Australia**



- Want to **share your experiences**

You do **not** need:



- A job or work experience

# The categories



This series is for young people who are one or more of these:

- Aboriginal or Torres Strait Islander
- From a Culturally and Linguistically Diverse (CALD) background
- From rural, regional or remote areas
- LGBTQIA+
- Autistic or neurodivergent

You can pick more than one.

We know everyone's identity is different and important.



**We want everyone to feel safe and comfortable.**

You can:



- Tell us about any support or access needs
- Ask questions at any time
- Take part in ways that work for you
- Have someone with you to support you

You choose what you want to share.

## Payment



You will be paid for your time.

If you take part, you will get **\$50 for the roundtable.**



After the session, you can **share your thoughts** in a video or audio message.

You will get **another \$20 for this.**



# How to apply



**You can apply in 2 ways.**

## **Option 1: Video**

You can send a short video telling us about yourself using this link:

<https://folktale.io/stories/invite?id=invite-QHwH4ZUNgQ>

## **Option 2: Online form**

You can fill in a form instead.:

<https://www.aracy.org.au/young-and-wise-series-2-roundtables/>

Choose the option that feels best for you.

You can have someone help you to apply.

### **Applying does not mean you have to join.**

After applications close:



1. ARACY looks at all applications

2. Young people who are selected are contacted by email

3. Everyone who applies is kept up to date about future opportunities



#### **Need help?**

If you have questions or need support, you can contact the ARACY team:

[communications@aracy.org.au](mailto:communications@aracy.org.au)